

# CHIROPRACTOR CLEARWATER



# About Us

Integrative Health Solutions is Tampa bay's premier provider of Non-Surgical Knee & Joint Pain Relief, structural supplementation, and Weight Loss Treatments. Our mission is to help people avoid unnecessary medications and surgery as much as possible by activating their own self-healing abilities. IHS has over 40 years of combined experience to fundamentally impact Tampa bay residents who suffer from chronic conditions and pain. Located on Floridas Gulf Coast, we use a modern approach to sustainably improve chronic pain, weight management, and inflammation, making lasting impacts on our patients' lives. Our dedicated care team is here to help you along the journey to your optimized health. by Dr. Sanford Epstein DO, Dr. Damon J Stafford DC, & Joey N. Peralta MSN, APRN, FNP-BC. We Believe In Simple Guiding Principals & strive to implement the most effective treatment protocols based on the latest medical findings and optimal patient outcomes.

<https://ihsoftampabay.com/>

**When your neck hurts, it can make it difficult for you to perform even the most basic tasks. Fortunately, chiropractors Clearwater, like Integrative Health Solutions, are familiar with the dynamics of this small region and how to treat it when you're in discomfort.**





**Integrative Health Solutions in Clearwater,  
Florida, works with individuals to provide  
long-term relief from acute and chronic neck  
pain. Make an appointment to learn more  
by calling the office right now.**

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# Contact Us

**(727) 807-2224**

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# **Thank You**

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